



STEPHANIE URCHICK
RI PRESIDENT 2024-25

Rotary Club of New Bombay Seaside

RI District 3142 | Club ID 30081 | Chartered on 12th April 1994

DINESH MEHTA
DIST. GOVERNOR 2024-25





TABLE OF CONTENTS

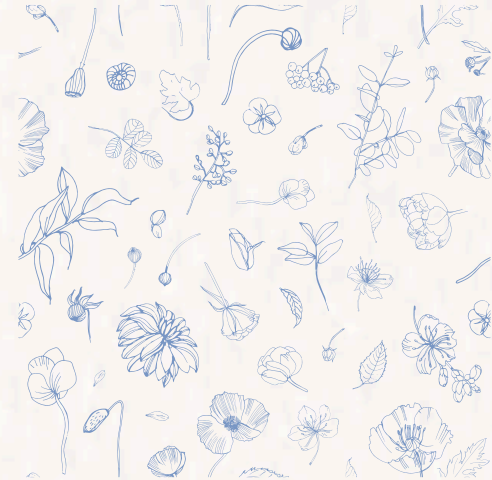
- 1 **About us**
- 2 **RI Presidential Message**
- 3 **Our Club President's Message**
- 4 **Our Rotary Journey so far**
- 5 **Updates from the Interact Club**
- 6 **Beautiful Poems**
- 7 **Delicious Recipes**
- 8 **Short Stories**
- 9 **Editor's Note**



RI PRESIDENTIAL MESSAGE



Stephanie A. Urchick
President 2024-25



August 2024

If we are to truly change the world with *The Magic of Rotary*, it's up to all of us to foster a sense of belonging in our clubs. But every club should take its own path to get there, and the Action Plan can help you find your way. What does that look like?

Take for instance the Rotary Club of Beveren-Waas in Belgium. It was chartered in 1974 but has evolved with the times, developing both a strategic plan and a membership plan. To find new members, the club analyzes the city's professions to help focus its search, and all new members are quickly assigned tasks and roles.

The club also mixes up meeting times, alternating between evening and afternoon sessions, making them accessible for all members.

Sometimes, circumstances force clubs to make changes. But as people of action, we know that behind every obstacle is an opportunity.

The Rotary Club of Holyoke in Massachusetts was forced from its meeting place because of rising costs after the COVID-19 pandemic, but members took this setback and turned it into a strength. The club started meeting in a library community room that was available for no charge and catering lunch from a nearby deli. Lunch costs \$10 per person but it's optional, so no one has to spend money to attend a meeting. What a great way to work toward being "fair to all concerned."

Since making this change, the Holyoke club has gained 13 members. I suspect part of its membership growth is due to the club's sense of inclusivity — the first step toward belonging.





If you ask members what they expect from the club experience, you might find that your club doesn't meet expectations. Think of this as an opportunity to reshape your club in exciting ways, as alternative club models are making a positive impact.

For example, a Rotary Fellowship called Beers Rotarians Enjoy Worldwide, or BREW, has worked closely with the Water, Sanitation, and Hygiene Rotary Action Group for the past eight years to assist with clean water projects. In that time, BREW has funneled 25 percent of its dues to those initiatives.

BREW is one of many examples of members pursuing belonging to improve the world.

I can't stress enough the importance of belonging. Clubs become simply irresistible when all members feel that they are exactly where they need to be. To me, belonging is the spark that ignites *The Magic of Rotary*.

As you receive feedback from club members and the community you serve, I urge you to pursue that spark. The Action Plan can help you find the path to success, and if you light your way with the spirit of belonging, that path will lead to a bright future for your club, your community, and the world.



ABOUT OUR CLUB

A warm welcome to the Rotary Club of New Bombay Seaside, which is a part of Rotary International. Where we believe in service above self, this initiative has become a force to be reckoned with from seemingly small beginnings.

Since 1994, the Rotary Club of New Bombay Seaside has been working towards improving people's lives, primarily in and around Navi Mumbai, through numerous community service projects in healthcare, education, sanitation, environmental conservation, youth development, etc. All our projects are funded through the Rotary Club of Nerul Seaside Charitable Trust.

As a Club, we take pride in the improvements we have brought about. And together, we will keep soaring high!

Rotary Club of New
Bombay Seaside

Facebook



<https://bit.ly/4807478>

Rotary Club of New
Bombay Seaside-3142

Instagram



<https://bit.ly/4dfX9fa>

***Scan the QR Code to Follow us on Facebook
and Instagram.***

OUR CLUB PRESIDENT'S MESSAGE

Hello Seasideers,

I am Rotarian Sunil Shah, and it is my honour to serve as the President of the New Bombay Seaside Rotary Club for the year 2024-25. I am thrilled to share the progress and achievements we've made in the first few months of our journey together.

Accomplishments So Far:

1. Project Annapurna:

We began our Rotary year with *Project Annapurna*, a heartfelt initiative where we distributed food to cancer patients. This project holds a special place in our hearts and reflects our commitment to service.

2. Mission Hariyali:

In collaboration with NMMC, we launched *Mission Hariyali*, an ongoing effort to make our surroundings greener and ensure their upkeep for years to come.

3. The Drop of Blood & Thalassemia Awareness:

In partnership with the Rotaract Clubs, we successfully conducted a blood donation drive and a Thalassemia awareness campaign, contributing to the well-being of our community.

4. Spirits - Our Flagship Project:

August marked the 21st year of our flagship event, *Spirits*. We hosted over 20 schools and welcomed 3,500 students who showcased their talents in solo dance, classical dance, group skits, calligraphy, and singing competitions. This month-long celebration of creativity and talent is a testament to our commitment to youth development.

Thank you for your unwavering dedication and commitment to service.

None of these achievements would have been possible without the dedication and support of our incredible team of Rotarians. I would like to extend a special thanks to:

- Rtn Bala for leading *Project Hariyali* with passion and dedication.
- Rtn Raviprakash and Rtn Subbu for their outstanding efforts with the Interact Club of Tilak School and getting its charter ready.
- Rtn Sangeeta Ghose for her commitment to the Cervical Cancer Project and conducting interviews as part of the initiative.
- Rtn Raviprakash, Rtn MNR for their hard work on the Global Grant Project, including paperwork, hospital visits, vendor identification, and project submission with Rotary International and District Officials.

Looking Ahead:

As we continue our journey, I want to remind you all of the incredible impact we can achieve through our collective efforts. Our projects are not just about meeting targets; they are about creating meaningful change in our community and beyond. I invite each of you to actively participate in our upcoming initiatives. Together, we can accomplish great things and uphold the values that define us as Rotarians.



Rtn Sunil Shah
President 2024-25
RC New Bombay
Seaside

CHARTER INSTALLATION OF TILAK JUNIOR COLLEGE



The Charter Presentation and Installation Ceremony of the Interact Club of Tilak Junior College, Nerul, was a memorable event that took place on June 29th, 2024. Esteemed guests graced the occasion, including the Chief Guest and President of the Rotary Club of New Bombay Seaside, Rotarian Ram Pandey, and the Principal of Tilak Junior College, Dr. Heena Samani, among others.

Witnessing the installation of the club's office bearers was an inspiring moment. Vihaan Chitre assumed the role of President, Atul Dwivedi assumed the role of Vice President, Riya assumed the role of Secretary, Sakshi Rawat assumed the role of Treasurer, Kamala Maitri assumed the role of Membership Director, and Aditya Powale assumed the role of Director of Community of the Interact Club of Tilak Junior College, Nerul.

Additionally, all 71 Interact Club members solemnly pledged to uphold their duties, fulfil their responsibilities, and work diligently towards achieving the club's goals. Their commitment to embracing personal responsibility for success, contributing to community betterment, and fostering collective accomplishments was truly commendable.



OUR CLUB RECEIVED THE PLATINUM AWARD



Dear Seasideers, I'm delighted to inform you that our club was honored with the esteemed Platinum Award in recognition of our outstanding achievements and contributions to the community on June 30th. This award is a testament to the hard work and dedication of everyone involved with the club, and it serves as a motivation for us to continue striving for excellence in all our endeavors.



DROP OF HOPE



The blood donation camp held at Terna Medical College on July 1st, 2024, was a successful collaborative project involving the Rotary Club of New Bombay Seaside, Rotaract Club of SIES(Nerul) College, Rotaract Club of New Bombay Seaside, and Innerwheel Club of New Bombay Seaside. The goal was to collect 50 units of blood, and I'm pleased to report that the camp exceeded expectations by collecting 54 units.



PROJECT ANNAPURNA



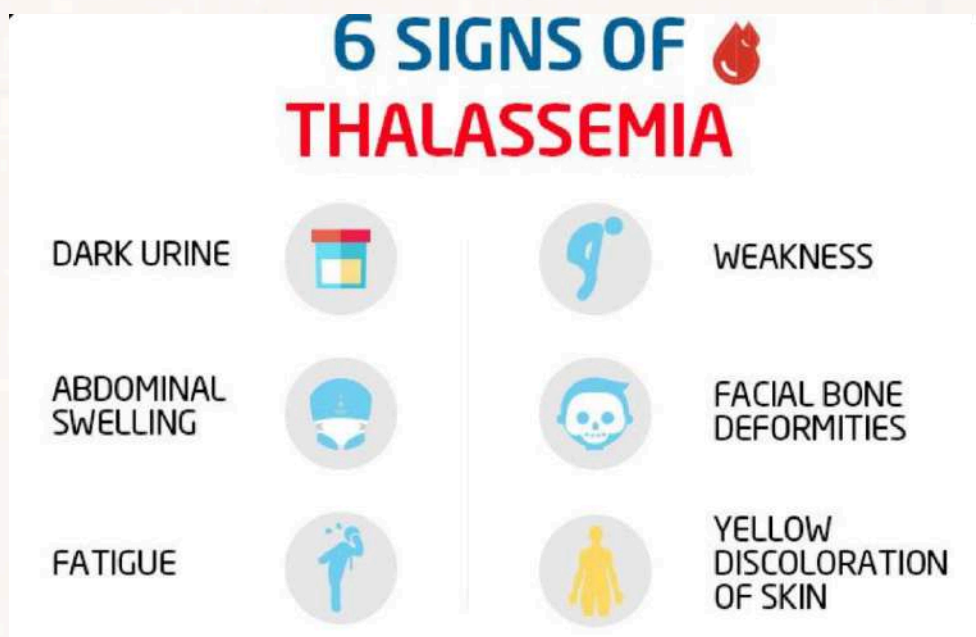
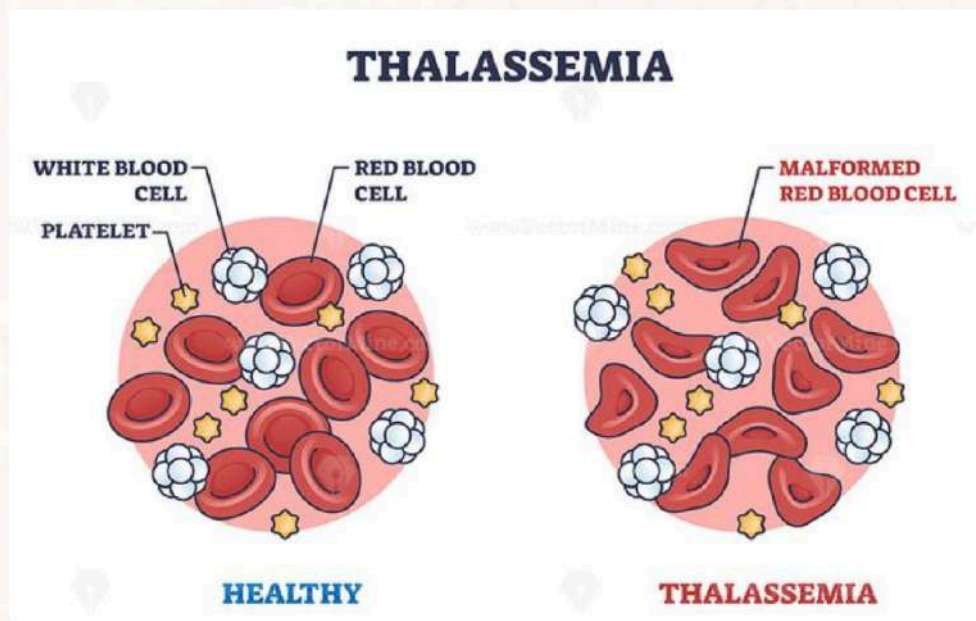
We are dedicated to our yearly initiative of providing nourishing meals to cancer patients and their caregivers to begin the new Rotary year. This year, we were honoured to serve lunch to around 80 people at the Bharat Sevashram in Vashi on July 1st, 2024.



THALASSEMIA AWARENESS



On July 1st, 2024, at the Blood Donation Camp hosted by Terna Medical College, Rtn Ravi Prakash delivered an informative 15-minute speech on raising awareness about Thalassemia. The audience for the talk included Rotaractors and other individuals in attendance.



MISSION HARIYALI

On July 9th, 2024, we successfully planted 50 tree saplings of different fruits and indigenous varieties in Sector 10, Kharghar. In collaboration with societies, institutions, and business units in MIDC and NMMC, our goal is to plant a total of 11,00 trees. Ensuring the survival of the saplings is our main focus, and we will dedicate 18 months to nurturing them.



INTERACT CLUB OF APEEJAY SCHOOL KHARGHAR INSTALLATION



On July 2nd, 2024, the Club President, Secretary, Vice President, and Rtn Subbu eagerly participated in the well-organised installation function of the Interact Club. The event gathered more than 150 students, including proactive young leaders who exhibited great enthusiasm towards initiatives aimed at serving the underprivileged sections of society.



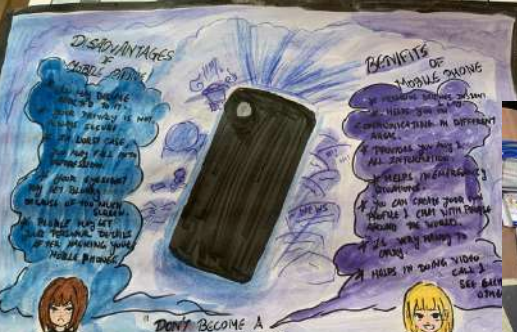


SPIRITS



Our highly anticipated flagship project, Spirits (The Inter School Youth Festival), commenced on August 4th and concluded on the 25th, offering an enriching three-week experience filled with talent and creativity. This year's milestone 21st anniversary of Spirits underscored the festival's longstanding commitment to nurturing young talent. The event was further enriched by the presence of DG Dinesh Mehta, who honoured us as the Chief Guest, adding valuable insight and inspiration to the festivities.





INDEPENDENCE DAY CELEBRATION WITH SHIKSHANGAN KIDS

Each year, we celebrate Independence Day with our Shikshangan kids. This year, Mr. Ajit organised a fantastic Independence Day celebration, brimming with enthusiasm and energy from the Shikshangan kids. Each student actively participated in the celebrations by sharing Independence Day messages, performing patriotic songs, and dances. Several of our Rotarians, including Rtn AK Sinha, Ann Pushpa, Rtn Sangeeta, Rtn Navlesh, Ann Bipasha, Rtn Raviprakash, Rtn Anjali, and Rtn Subbu, were present to support and motivate the children. They were deeply moved by the children's infectious smiles and enthusiastic performances. The event concluded with the distribution of snack boxes to all, generously sponsored by Rtn AK Sinha.





UPDATES FROM INTERACT CLUB OF TILAK JUNIOR COLLEGE

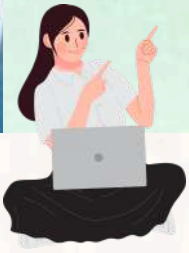
The Interact Club of Tilak Junior College organized an enlightening session on August 12th, 2024, to commemorate International Youth Day. The event featured an esteemed speaker, Mr. Ayuf Akula, President of Infinity Foundation and an alumnus of Tilak Junior College.

Mr. Akula emphasized the vital role of youth in shaping the future of society, encouraging students to take an active part in creating positive change. His inspiring words motivated the young audience to become responsible citizens and leaders.

The session aimed to empower youth to recognize their potential and work towards building a better world. The Interact Club's initiative demonstrated their commitment to foster a community of engaged and socially conscious young individuals.



UPDATES FROM INTERACT CLUB OF TILAK JUNIOR COLLEGE



The Interact Club of Tilak Junior College made a remarkable impression at the "Spirits" events, organized by Rotary Club of New Bombay, Seaside, held on 4th and 11th August 2024 at Jaipuria School, Sanpada.

The enthusiastic teams participated in various inter-college and school events, showcasing their talents and skills. Tilak Junior College's Interact Club students won second prize in nukkad natak and collage making, with consolation prize in quilling activity.

The principal of the college, Dr. Heena Samani, thanked the organizers of 'Spirits' and congratulated to the Interact Club members for their dedication, teamwork, and outstanding performances.





EXPRESS
YOUR
FEELINGS
THROUGH
POETRY

I'm privileged to share some beautiful poems written by Christine Yi (from South Korea), Daughter of a friend of Rtn. Bala



1) *Blooming in the Light*

One day, I will flower as tender petals grow,
my head held high in a silent, strong rebellion.
Because to souls too bright, born with inner light,
no molding and shaping are required.

For they bloom in their own fashion, kissed by the
light.

Rooted deep in the earth, stories untold,
reaching for the skies where new dreams unfold.
Belief is sun whispering, "fly."

And upon each tender breeze, I am wafted to the sky.
In hope's garden, where courage took flight,
I shall bloom with elegance in the embracing arms of
light.

2) *Journey's Canvas: Crafting Dreams and Paths*

Never grow old, only wander free,
Where your heart may consider home.

With wind-tousled hair, with sun-bronzed skin bright,
Walk rivers, fields, deserts-let your journey run.



Ms. Christine Yi

3) Life is a journey

Life's a trip, right? Wild ride,
Sometimes I feel like I'm just drifting with the tide.
Not knowing where, not sure why,
But then I remember—I'm the one who drives.
It's kind of scary, hands on the wheel,
Yet thrilling, too, with every turn I feel—
Even when the road is rough and steep,
I know I can handle the path I keep.
It's my life, my ride to steer,
Through every detour, every fear.
And that's the beauty, the power that I wield—
To steer my path, to make it my shield.

4) Hope in the Cracks

Can you believe it? A tiny seed found a home,
In the cracks of an old rock, where life seemed mute.
Who would've thought something so small,
Could pierce through stone and stand so tall?
Frail yet fiery, finding a way,
Among the toughest, staying there.
And it gives me hope, a spark inside,
That when I feel stuck, life will not hide.
Maybe in the ruts where I feel low,
There are cracks where something new can grow.
So now, I'll search with open eyes,
For those tiny spaces where hope deceives.



FOODIE

THIS WEEK'S
TOP FOOD

#2 TRENDING
FOOD

Quick & Easy
Recipes



Instant Pot Teriyaki Chicken Recipe

A quick and easy instant pot teriyaki chicken recipe perfect for busy weeknights



Ingredients

2 cloves garlic crushed
Teriyaki Sauce
6 chicken thighs bone in, skin on
1.5 tbsp cornstarch
sliced green onions and
sesame seeds if desired

Instructions

Add the garlic and teriyaki sauce to the Instant Pot insert. Nestle in the chicken thighs skin side up. Turn the Instant Pot on to High Pressure and cook for 7 minutes. When the Instant Pot is done cooking, quickly release the pressure. Carefully open the lid and remove the chicken thighs onto a plate.

In a small bowl, whisk the cornstarch with 1.5 tablespoons of water. Turn the Instant Pot sauté function to medium and add the cornstarch and water mix to the the sauce in the insert. Stir and let simmer and thicken to your liking.

Turn off the Instant Pot and spoon sauce onto the thighs. Top off with green onions and toasted sesame seeds, if desired. Enjoy!



Eggless Pancakes for kids



Ingredients

For Batter

- 1 cup Refined Flour
- $\frac{3}{4}$ cup Powdered Sugar
- 1 tbsp Melted Butter
- 1 tsp Vanilla Essence
- 3 tbsp Condensed Milk
- $\frac{1}{2}$ tsp Baking Powder
- 1 tsp Honey
- $\frac{1}{2}$ cup Milk



For Garnish

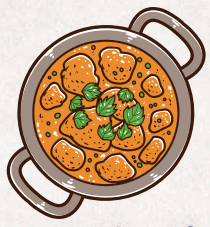
- Maple Syrup
- few Strawberries
- Icing Sugar
- few Blueberries



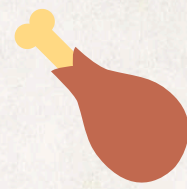
Process

- 1) In a bowl add refined flour, powdered sugar, melted butter, vanilla essence, condensed milk, baking powder, honey, milk and mix well and make a batter.
- 2) Now heat a non-stick pan and a ladle full of the batter and cook it until golden brown then flip it on to the other side and cook that as well. Repeat this process with the rest of the batter. And let them cool down a little.
- 3) Garnish it with strawberry, blue berry, maple syrup and icing sugar. Serving immediately and enjoying it.





Butter Chicken



In the wide world of comfort food, nothing beats butter chicken. Rich spiced tomato gravy envelopes tender, lightly charred chicken for a meal that's deeply flavored and incredibly satisfying.

Ingredients

CHICKEN

- 1/3 cup plain whole-milk yogurt
- 2 cloves garlic, grated or finely chopped (about 2 tsp.)
- 1 Tbsp. fresh lemon juice
- 1 Tbsp. garam masala
- 1 Tbsp. grated or finely chopped peeled ginger
- 2 tsp. salt
- 1 tsp. Kashmiri chili powder (or 3/4 tsp. paprika plus 1/4 tsp. cayenne)
- 2 lb. Boneless, skinless chicken thighs, cut into 1 1/2" pieces

MAKHANI SAUCE

- 5 Tbsp. unsalted butter
- 1/2 c. tomato paste
- 1/2 serrano chile, seeded, finely chopped
- 1 Tbsp. grated or finely chopped peeled ginger
- 1 tsp. garam masala
- 1 tsp. ground cumin
- 1 tsp. Kashmiri chili powder (or 3/4 tsp. paprika plus 1/4 tsp. cayenne)
- 1 c. heavy cream
- 1 Tbsp. dried fenugreek leaves or kasoori methi (optional)
- 1/2 tsp. (or more) kosher salt
- 1/4 c. finely chopped fresh cilantro
- Cooked basmati rice or naan, for serving

Directions

Step 1- In a large bowl, whisk yogurt, garlic, lemon juice, garam masala, ginger, salt, and Kashmiri chili powder. Add chicken and toss to coat. Cover and refrigerate 1 hour.

Step 2- Heat broiler and line a large baking sheet with foil. Spread chicken on prepared sheet in a single layer. Broil, watching closely, until charred and cooked through, about 15 minutes. Let cool slightly.

Step 3- In a large, high-sided skillet over medium heat, melt butter. Add tomato paste and cook, stirring constantly, until darkened, about 5 minutes. Add chile and ginger and continue to cook, stirring, until fragrant and tomato paste is starting to stick to pan, about 1 minute more.

Step 4- Add garam masala, cumin, and chili powder and cook, stirring frequently, until fragrant and incorporated, about 30 seconds. Stir in cream, fenugreek (if using), 1/2 teaspoon salt, chicken, and 1 cup water. Bring to a simmer over medium-high heat, then reduce heat to low and continue to simmer, stirring occasionally, until sauce has slightly thickened and fat has separated, 10 to 15 minutes.

Step 5- Taste and season with salt, if needed. Top with cilantro. Serve over rice.



Short Stories





BLACK AND WHITE PEBBLES

We've all heard the saying, "Think outside your box." The saying has become synonymous with creative thinking and being innovative. Obviously, this quality often proves beneficial to people trying to push themselves. This short story is one of the best examples of thinking outside the box, which can be amazing.

It began in a small Italian town hundreds of years ago. A small business owner found himself in a large debt to a money loan shark who was old and unattractive. The shark-loan was interested in the business owner's daughter. Of course, this meant he offered the businessman a deal: he would eliminate the debt if he could marry the businessman's daughter. This proposal was desirable for neither the daughter nor the businessman and was met with disgust.

However, it came with a twist. The loan shark would place two pebbles into a bag; one would be white, and one would be black. The daughter would then be told to reach into the bag and pick a pebble. The debt would be wiped if the daughter picked the black pebble, but the loan shark would marry her.

If the daughter chose the white pebble, the debt would also be wiped, but the daughter would not have to marry the loan shark. The latter is the desirable outcome for both the daughter and the businessman.

As the loan shark picked up the two pebbles, the daughter noticed that he had picked up two black stones in an attempt to guarantee his plan.

The daughter then had three choices:

- 1) Refuse altogether to pick any pebble from the bag.
- 2) Expose the two black pebbles and the loan shark for cheating.
- 3) Pick a pebble that would determine her horrid fate.

Thinking outside the box, the daughter drew out a pebble and decided to drop the stones "accidentally" on the ground into the midst of the other pebbles. She then told the loan shark that it didn't matter, as they could all decipher which pebble she picked by looking at the pebble left in the other bag.

The loan shark did not want to be exposed and played with the fact that the daughter had picked a white pebble. The debt was wiped, and the daughter didn't have to marry the loan shark.

The takeaway of the story:

Use your creative thinking. You can always overcome a challenging situation by stepping outside the box to which it is confined. You may think you have limited options, but there are creative ways to get around it.





AN OLD MAN AND HIS JOKE



Some people complain about life. This story gives us the chance to ask ourselves if we're wasting time complaining. People were continually visiting an older man, complaining about the same old problems in life. Over and over again, the older man would hear the same complaints.

One day, instead of offering advice, the older man decided to tell them a joke. People roared with laughter. A few minutes later, he told them the exact same joke and a few of them smiled. He then said the joke a third time, and nobody laughed or smiled.

The wise older man then asked them: "If you can't laugh at the same joke over and over, why are you always crying over the same problem?"

The takeaway of the story:

Don't complain. Find solutions, and learn how to gain control over any situation. Instead of complaining and dwelling on various issues, make strides to change the situation.





editor's note

The end of each Rotary year signifies a fresh start and renewed opportunities for positive change. As we close one chapter and embark on another, our commitment to doing good only grows stronger.

This Awesome year, we kicked things off with some truly impactful initiatives, including a blood donation camp and Project Annapurna. Additionally, we are thrilled to have successfully organised our highly anticipated flagship project, Spirits. This was made possible by the Spirits team and our Rotaractors

Additionally, we would like to express our heartfelt gratitude to our dear Rotaractors, who have been instrumental in our journey towards achieving success. Your contributions have been invaluable, and we are truly grateful for your dedication and hard work. Thank you for being an integral part of our journey.

Lastly, I encourage you all to follow and share our Club's social media pages and spread the message to your extended circle. Growth leads to more remarkable accomplishments.



Rtn Sanjana Dash
BULLETIN EDITOR

